

Fairfields Primary School

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NEWSLETTER 1



Headteacher
Mr G. Gaidoni

6th September 2021

Dear Parents and Carers,

Welcome back to a new school year. It has been very heart-warming to see all of the children back in school. They all seem to have settled very well but if you have any early concerns, please do not hesitate to speak with your child's class teacher.

Year Group Meetings for Parents

The timetable for these meetings is as follows:

| | | | |
|-----------|------------------|------|-------------------------------|
| Monday | 13 th | Sept | 2.40 p.m. Y1 parents' meeting |
| Monday | 20 th | | 2.40 p.m. Y6 parents' meeting |
| Tuesday | 21 st | | 2.40 p.m. Y3 parents' meeting |
| Wednesday | 22 nd | | 2.40p.m. Y4 parents' meeting |
| Thursday | 23 rd | | 2.40p.m. Y2 parents' meeting |
| Friday | 24 th | | 2.40 p.m. Y5 parents' meeting |

We hope you will be able to attend. All meetings will take place in the school Hall.

Year group newsletters are going out soon with further information about your child's class.

Supporting your child at home

As well as attending the year-group meetings we urge you to support your child by visiting our website every Monday and downloading the class information for the week. The teachers give you lots of ideas about how you can help your child with their school learning at home. It makes a real difference to how well your child does at school and can be good fun for parents. Visit our website and click on the Parent tab.

Staff news

We would like to congratulate Miss Turner who got married over the summer break. She is now to be addressed as Mrs Rigby. We wish her and Mr Rigby every happiness.

No Nuts!

We have a number of children with severe nut allergies, in particular to peanuts. Please could you ensure that none of the items in your child's packed lunch or for snack contain any nuts. Thank you for your cooperation.

Healthy snacks

The children are allowed to bring a snack to school but please could we ask you to provide them with a healthy one. Fruit is by far the healthiest snack for your child.



Hertfordshire Health - Vaccinations

Please find attached a letter from Jim McManus, Director of Public Health Hertfordshire.

Herts Community NHS Trust - Please find attached a poster for upcoming workshops for children/young persons who will be transitioning into a new school or new school year.

Scooters and Bicycles

In the interests of safety for all, please ensure that your child dismounts his or her scooter or bike before entering the school grounds. Children will be asked to leave their scooters and bikes at home if they cannot follow this important safety policy. Thank you for your cooperation.

Adventure trails

All of our playground equipment is for use only during school hours, under the supervision of the teaching staff. These areas are out-of-bounds for all pupils before and after school. Thank you for your cooperation.

Parking in Cavell Road and Jacksons Drive

Please be considerate of our neighbours and do not obstruct their roadway or driveways. Thank you.

Earrings

We have noticed a large number of children wearing earrings in school. This is against our school uniform policy. Please ensure that your child does not wear earrings to school. Thank you for your cooperation.

Diary dates for the term

Diary dates for this term can be found on our website by clicking on the 'News and Dates' tab. You may wish to put the parent consultations dates in your diary.

Yours sincerely,

Mr G. Gaidoni

Headteacher



Getting Ready for School this Autumn

A message from Jim McManus, Hertfordshire's
Director of Public Health



As part of getting your child ready to start or go back to school this autumn please also take the time to check that all their vaccinations are up to date.

If you are unsure your child has had all their routine vaccinations, you can check their personal health record (Red Book) or by asking your GP. You can also check the childhood immunisation [schedule](#) online.

Getting vaccinations up to date and taking them when offered helps prevent serious illnesses. It is particularly important your child has both doses of the MMR vaccination. This protects against measles, mumps and rubella (German measles) which can cause the following problems:

| | |
|---------------------------------|--|
| Measles | <ul style="list-style-type: none">• Nearly everyone will have a high fever, a rash and generally be unwell.• Children often must spend about five days in bed and could be off school for ten days - adults are likely to be ill for longer.• The complications of measles affect one in every 15 children and include chest infections, fits, encephalitis (infection of the brain), and brain damage. And measles can kill. |
| Mumps | <ul style="list-style-type: none">• Can lead to fever, headache, and painful, swollen glands in the face, neck and jaw and can result in permanent deafness, viral meningitis (infection of the lining of the brain) and encephalitis.• It can also cause painful swelling of the testicles in males and the ovaries in females.• Mumps lasts about seven to ten days.• Before the MMR vaccine was introduced, mumps was the most common cause of viral meningitis in children under 15 |
| Rubella (German measles) | <ul style="list-style-type: none">• In children it is usually mild and can go unnoticed and causes a short-lived rash, swollen glands and a sore throat.• It is very serious for unborn babies and can seriously damage sight, hearing, heart and brain – a condition called congenital rubella syndrome (CRS).• A rubella infection in the first 3 months of pregnancy causes problems in up to nine out of ten cases and often pregnant women catch rubella from their own or their friends' children. |



Vaccinations are the best way to protect against these diseases so please do check your child is up to date with them and do accept vaccinations when they are offered.

For more information about vaccinations and their benefits please visit www.nhs.uk/vaccinations or talk to your school nurse about them.



**If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste**

**This could be a sign of
coronavirus**

Book a test



School Transitions: Managing Anxiety and Worries in Children and Young People



Who is this workshop for?

Parents of a child/young person and/or young people who are struggling with the transition into a new school year or a new school.

Parents and young people can attend.

What will be covered?

- What anxiety looks like
- How to identify and explore worries
- Strategies for managing anxious thoughts
- Strategies for managing physical symptoms related to anxiety
- How to implement a step-by-step plan to manage anxious behaviours
- Practical tips on school transitions
- General emotional wellbeing tips



Dates

All workshops are via MS Teams



Monday 20th September 2021
12.30pm – 2.30pm

<https://www.eventbrite.co.uk/e/school-transitions-managing-anxiety-worries-in-children-young-people-tickets-169450243239>



Wednesday 29th September 2021
10am – 12pm

<https://www.eventbrite.co.uk/e/school-transitions-managing-anxiety-worries-in-children-young-people-tickets-169450558175>

NHS
Hertfordshire Community
NHS Trust

